

Sexual consent = Respect

Sexual consent is:

F

FREELY GIVEN

... this means **without force or coercion**.

R

REVERSIBLE

... you can change your mind **at any time**.

I

INFORMED

... know what the **boundaries** are.

E

ENTHUSIASTIC

... consent is not just the **presence** of a yes or the **absence** of a no.

S

SPECIFIC

... to the **time** and to the **act**.

Preventing gender-based violence starts with
a culture of respect – now and always.